

Let's emphasize relationships and traditions instead of mass-produced things.

Let's avoid stress and debt and promote alternative giving – helping needy people instead of spending so much on ourselves.

Giving alternative gifts...

- **Give 25**% of what you spent last year **to needy people**... individuals or groups locally, nationally or internationally.
- **Practice Fair Trade**. Buy crafts and clothing from developing countries at alternative gift markets, not from commercial importers, so that artisans receive more for their work.
- Give of yourself rather than "stuff" a coupon book for future services (such as baby-sitting or an "enchanted evening"); something baked, sewn, handmade, composed, etc.; or a family service project, such as working together at a soup kitchen.

From TEN TIPS FOR A SIMPLER, MORE MEANINGFUL CHRISTMAS available free from...

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